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## Leading Self – Leading with Insight

*Cultivating clarity, discipline, and emotional intelligence.*

### Books

Title	Author	Why It Matters
<i>Developing the Leader Within You</i>	John Maxwell	Builds intentionality and self-awareness.
<i>Start With Why</i>	Simon Sinek	Anchors leadership in purpose.
<i>The Motive</i>	Patrick Lencioni	Challenges ego-driven leadership.
<i>Atomic Habits</i>	James Clear	Habit formation for sustainable growth.
<i>Drive</i>	Daniel Pink	Explores autonomy, mastery, and purpose.
<i>What Got You Here Won't Get You There</i>	Marshall Goldsmith	Breaks limiting behaviours for senior leaders.
<i>Attention Management</i>	Maura Thomas	Focus on managing attention and finding flow vs pure time management.
<i>Flow</i>	Mihaly Csikszentmihalyi	Finding flow in life and work.
<i>Core Values Therapy</i>	David Nancarrow	Unlock your personal values and have greater impact in all areas of life.

### Podcasts

- **Maxwell Leadership Podcast** – Self-leadership, mindset, and growth.
- **Unlocking Us with Brené Brown** – Vulnerability and emotional regulation.
- **Tony Robbins Podcast** – Psychology of peak performance.

### Videos

- [The Key to Effective Leadership](#) – Simon Sinek explores the mindset shift required for authentic leadership.
- [Tony Robbins on the Psychology and Skills of Exceptional ...](#) – Unpacks how emotional state and psychology shape leadership outcomes.
- [10 Books Every Leader Must Read](#) – Includes *Atomic Habits*, *Drive*, and *Emotional Intelligence* — all essential for self-leadership.

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## **Leading Others 1:1 – Leading with Intent**

*Coaching, feedback, and relational influence.*

### **Books**

<b>Title</b>	<b>Author</b>	<b>Why It Matters</b>
<i>The 5 Levels of Leadership</i>	John Maxwell	Framework for relational influence.
<i>Find Your Why</i>	Simon Sinek	Helps others connect with purpose.
<i>Radical Candor</i>	Kim Scott	Balances care with challenge.
<i>Dealing With The Tough Stuff</i>	Darren Hill, Alison Hill	Practical tips for effective leadership.
<i>Influence Without Authority</i>	Allan Cohen & David Bradford	Navigating power dynamics in 1:1s.
<i>The Coaching Habit</i>	Michael Bungay Stainer	Coaching skills for leaders.
<i>The Ideal Team Player</i>	Patrick Lencioni	The 3 virtues of the ideal team player, and how to build a culture of ideal team players.

### **Podcasts**

- **Coaching for Leaders** – Practical 1:1 strategies and feedback tools.
- **At The Table with Patrick Lencioni** – Real-world coaching and mentoring insights.
- **Lead to Win** – Michael Hyatt on relational leadership.

### **Videos**

- [The Best Leadership Development Strategy](#) – Highlights the relational core of leadership and what followers truly need.
- [Simon Sinek - LOVE your job!](#)  
Includes a segment on Noah and explores the difference between liking and loving your job — and how leaders influence that experience.
- [Seth Godin – Leadership vs. Management - What it means to ...](#) – Explores empathy, decision-making, and influence — critical for 1:1 dynamics.
- [Simon Sinek: Leader versus manager](#)  
Clarifies the distinction between being “in charge” and taking care of those “in our charge” — a core principle of people-first leadership.

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## Leading Teams – Leading with Impact

*Creating alignment, trust, and shared ownership.*

### Books

Title	Author	Why It Matters
<i>The Five Dysfunctions of a Team</i>	Patrick Lencioni	Diagnoses and resolves team breakdowns.
<i>Leaders Eat Last</i>	Simon Sinek	Builds trust and psychological safety.
<i>The Culture Code</i>	Daniel Coyle	Reveals secrets of high-performing teams.
<i>You Are the Team</i>	Michael Rogers	Practical guide to team accountability.
<i>The Best Team Wins</i>	Adrian Gostick and Chester Elton	The new science of high performance.
<i>Future Leader</i>	Jacob Morgan	Prepares teams for tomorrow's challenges.
<i>Big Potential</i>	Shawn Achor	The elements that unlock potential in teams.
<i>Values In Business</i>	David Nancarrow	Unlock values to connect, align and engage teams.

### Podcasts

- **WorkLife with Adam Grant** – Organisational psychology meets team dynamics.
- **Jacob Morgan's Future of Work** – Leadership trends and team strategy.
- **Maxwell Leadership Podcast** – Team-building and influence.

### Videos

- [Unlocking Leadership with Simon Sinek: The Infinite Mindset ...](#) – Explores culture, teamwork, and long-term thinking.
  - [Seth Godin – Leadership vs. Management - What it means to ...](#) – Offers a compelling take on tribal leadership and team cohesion.
  - [10 Books Every Leader Must Read](#) – Features *Leaders Eat Last*, *The Culture Code*, and *You Are the Team* — all essential for team leadership.
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## Leading with Influence at Senior Levels

*Shaping culture, strategy, and systems through trust, clarity, and visibility.*

### Books

Title	Author	Why It Matters
<i>The Advantage</i>	Patrick Lencioni	Defines organisational health as the ultimate competitive edge.
<i>Diary of a CEO</i>	Steven Bartlett	Raw insights into influence, vulnerability, and modern leadership.
<i>The Song of Significance</i>	Seth Godin	Reimagines work as a place of meaning, not compliance.
<i>Measure What Matters</i>	John Doerr	Introduces OKRs as a tool for strategic clarity and alignment.
<i>Good to Great</i>	Jim Collins	Explores disciplined leadership and the “Level 5 Leader” mindset.
<i>Multipliers</i>	Liz Wiseman	Shows how great leaders amplify the intelligence of others.
<i>The First 90 Days</i>	Michael Watkins	Essential for transitions into senior roles.
<i>Team of Teams</i>	Gen. Stanley McChrystal	Explores decentralised leadership and adaptability.

### Podcasts

- **Diary of a CEO** – Steven Bartlett: Candid conversations with global leaders on influence, identity, and impact.
- **Maxwell Leadership Podcast** – John Maxwell: Strategic leadership and legacy-building.
- **WorkLife with Adam Grant** – Organisational psychology meets executive influence.
- **Lead to Win** – Michael Hyatt: Executive presence, strategic thinking, and visibility.

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## Videos

These videos offer practical strategies for influencing at the top, building trust, and increasing visibility:

1. [Can You Actually Influence Senior Leadership?](#) – Explores how to build momentum and shape culture even without formal authority. Great for understanding upward influence.
  2. [Influence Change at Any Level](#) – Draws on *Leaders Eat Last* and *The Infinite Game* to show how influence is earned through trust and consistency.
  3. [The Key to Effective Leadership](#) – Simon Sinek unpacks how senior leaders can inspire and align through clarity of purpose.
  4. [Tips for Your Leadership and Influence](#) – Offers tactical advice on storytelling, delivery, and verbal presence — all critical for senior-level influence.
  5. [Increase Your Visibility with Senior Leadership in 2025](#) – A practical guide to micro-visibility, strategic alignment, and becoming a trusted advisor.
  6. [How do I influence senior management?](#) – Reinforces the idea that influence begins with self-awareness and strategic empathy.
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